

CAFE.COFFEE.KITCHEN

ALL DAY MENU

SOURDOUGH/multigrain (Preserves and butter)	\$8
ARTISAN FRUIT TOAST/ banana bread with mascarpone (Butter)	\$8
SMOOTHIE BOWL (Mixed berry smoothie, granola, seasonal fruit)	\$19
SPANISH OMELETTE (gfo) (Free range eggs, red capsicum, baby spinach, red onion, chorizo)	\$21
FARMERS OMELETTE (gfo, v) (Free range eggs, red capsicum, baby spinach, zucchini, red onion, cheese, sourdough)	\$20
BUILD YOUR OWN EGGS (On sourdough scrambled (3 eggs)) + mushrooms, roasted tomato, feta + bacon, potato rosti, chorizo, smashed avocado, + fritters + Smoked salmon	\$10 +\$2.0 each +\$3.5 each +\$4.5 each +\$4.5 each +\$5.5 each
CHILI SCRAMBLE (Croissant, crispy shallot, grated cheese, chorizo, corn & tomato salsa)	\$26
3 SONS BENEDICT <i>(gfo)</i> (Poached free range eggs, English muffin, Ham, spinach, hollandaise)	\$18
SALMON BENNY (Poached free range eggs, English muffin, smoked salmon, spinach, hollandaise)	\$21.5
PULLED PORK BENNY (Poached eggs, English muffin, pulled pork, spinach, hollandaise)	\$21
SMASHED AVO (v) (Multigrain, beet root hummus, corn & tomato salsa, fetta, poached egg)	\$21

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3 SONS VEG OUT (Roast tomato, mushrooms, wilted spinach, potato rosti, smashed avocado our fritter, relish) + egg	\$19 +\$2.5
TOASTED WAFFLES (Mascarpone, mixed berry caulis, ice cream, fresh fruits, nut crumbled)	\$21
CORN & ZUCCHINI FRITTERS (v) (Tomato relish, beet root hummus, smashed avocado, poached eggs)	\$21
BUFFALO CHICKEN BURGER (gfo) (Crispy chicken fillet, American cheese, spicy mayo, slaw, chips) + fried egg	\$23.5 +\$2.5
ANGUS BEEF BURGER (180 gm Beef patty, double smoked bacon, tomato, lettuce, American cheese, herb mayo, chips) + fried egg	\$22 +\$2.5
WARM CHICKEN SALAD (v) (Chicken Tenders, quinoa, freekeh, medley of seasonal vegetables, baby spinach, salsa, nut crumble)	\$22
LEMON PEPPER CALAMARI (Tender calamari, lemon pepper spices, slaw, lemon, herb mayo, chips)	\$22
CHICKEN PARMA (Panko crumbed chicken breast, double smoked ham, Napoli, mozzarella cheese, our slaw, chips)	\$26
BARRAMUNDI (Grilled fillet served on stir-fried Asian vegetable tossed with house made Asian sauce)	\$26
CHICKEN LINGUINE (Chicken and mushroom sauteed in garlic, onion and parsley cooked in white sauce and topped with shaved Grana Padano)	\$23

(v) vegan (gfo) gluten free option



Egg on Toast	\$9.5
Toast w/ vegemite or jam	\$9.5
Chicken nuggets & chips	\$12.5
Burger, cheese, tomato sauce, chips	\$12.5

DRINKS

COFFEE Short Black Latte, Cappuccino, Flat White, Lor Piccolo, Short Macchiato Soy, decaf, mocha, extra shot, s Almond Milk, oat milk Baby Chino Chai Latte (R) Wet Chai Dirty Chai, Matcha Chai Tea Hot Chocolate KIDS	0		REG \$4.0 \$4.5 \$4.0 +\$0.8 +\$0.8 \$2.0 \$4.6 \$5.0 \$5.0 \$5.0	MUG \$5.5 \$5.5 +\$0.8 \$5.6 \$6.0 \$5.5
TEALEAVES OF SASSAFRAS (English breakfast, chamomile, earl grey lemongrass & ginger, green tea	\$4.9	3 SONS BOOSTER (Apple, carrot, celery, g		\$9.0
China sencha, peppermint)		WATERMELON BOOS (Watermelon, ginger, m		\$9.0
FRESHLY SQUEEZED JUICES (Orange, apple, watermelon, celery,	\$9.0	(watermeion, ginger, n	iint, iemonj	
carrot)		ICED DRINKS		\$60
DETOX (Carrots, mint leaves, celery, oranges)	\$9.0	Iced Latte Iced Chocolate Iced Chai		\$6.8 \$8.5 \$8.5
IMMUNITY BLEND (Watermelon, strawberry, orange)	\$9.0	Iced Dirty chai. Iced Mocha Iced Coffee		\$8.5 \$8.5 \$8.5

SPECIALTY DRINKS _____

ICED SNICKERS (Chocolate sauce, caramel sauce, ice-cream, ice, peanut butter)	\$9.5
ICED COOKIES & CREAM (Chocolate sauce, caramel, sauce, Oreos, ice-cream, ice)	\$9.5
BANANA RAMA (Banana, ice-cream honey, ice)	\$9.5
CHERRY RIPE	\$9.5
(Chocolate Sauce, strawberry sauce, ice-cream, milk) REBOOT SMOOTHIE	\$9.5
(Mango, pineapple, banana, and passionfruit) DETOX SMOOTHIE	\$9.5
(Blueberries, boysenberries and banana, dates)	\$9.5
(Pineapple, Strawberries, Pear, Dates)	00

MILKSHAKES Chocolate, caramel, vanilla strawberry + Thick shakes	\$7 +\$1.5
SOFT DRINKS Coke, diet coke, sprite, lift Lemon lime & bitters Sparkling mineral water Bottled juices (Orange, apple, cranberry, pineapple, tropical)	\$4.0 \$5.5 \$4.0 \$4.5
MOCKTAILS	
SPARKING STRAWBERRY (Fresh strawberries, lemon, lemonade, ice)	\$9
TROPICAL DELIGHT (Pineapple juice, orange juice, passionfruit, lemonade, grenadine)	\$9
VIRGIN MANGO DAIQUIRI (Mango, tropical juice, ice, lime)	\$9
COCKTAILS —	
COSMOPOLITAN	\$14
(Vodka, triple sec, cranberry juice, and freshly squeezed or sweetened lime juice	-/
FRUIT TINGLE (Vodka, Blue curacao, lemonade, raspberry cordial)	\$14
FRUIT TINGLE	
FRUIT TINGLE (Vodka, Blue curacao, lemonade, raspberry cordial) MIDORI ILLUSION	\$14
 FRUIT TINGLE (Vodka, Blue curacao, lemonade, raspberry cordial) MIDORI ILLUSION (Midori, Vodka, Triple sec, Pineapple juice, Lemon juice) ESPRESSO MARTINI 	\$14 \$15
 FRUIT TINGLE (Vodka, Blue curacao, lemonade, raspberry cordial) MIDORI ILLUSION (Midori, Vodka, Triple sec, Pineapple juice, Lemon juice) ESPRESSO MARTINI (Espresso, coffee liqueur, and vodka) WINES 	\$14 \$15 \$14
 FRUIT TINGLE (Vodka, Blue curacao, lemonade, raspberry cordial) MIDORI ILLUSION (Midori, Vodka, Triple sec, Pineapple juice, Lemon juice) ESPRESSO MARTINI (Espresso, coffee liqueur, and vodka) WINES Corkage for BYO (per bottle) SPARKLING BOTTLE WHITE BOTTLE 	\$14 \$15 \$14 \$6
FRUIT TINGLE (Vodka, Blue curacao, lemonade, raspberry cordial) MIDORI ILLUSION (Midori, Vodka, Triple sec, Pineapple juice, Lemon juice) ESPRESSO MARTINI (Espresso, coffee liqueur, and vodka) WINES Corkage for BYO (per bottle) SPARKLING BOTTLE WHITE BOTTLE RED BOTTLE	\$14 \$15 \$14 \$14 \$6 \$35 \$35 \$35 \$39

\$9.0 \$9.5

SPIRITS Local Imported

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