

3 SONS

CAFÉ • COFFEE • KITCHEN

CAFÉ ALL DAY MENU

Sourdough | Multigrain | preserves | butter \$7

Artisan Fruit Toast | caramel mascarpone or butter \$8

Banana Bread (V) | caramel mascarpone | \$9

Summer Granola (VO GFO) \$14.95

toasted granola | vanilla
pannacotta | seasonal berries | almond milk.

Acai Smoothie Bowl (gfo v) \$15.95

Seasonal fruits | Chia seeds | wild nuts | toasted granola.

Summer Omlette (GFO, V) \$16.9

free range eggs | roasted bell peppers | mushrooms | baby
spinach | red onion | fresh herbs |
fetta | sourdough.

Build Your Own Eggs \$9.9

on sourdough Scrambled (3 eggs) + \$2

Extras

wilted Spinach | extra egg | gluten free toast | tarragon

hollandaise +\$2.5 ea

mushrooms | roasted tomato | Feta | +\$3.5 ea

bacon | hash brown | chorizo | smashed avocado |

Our fritters +\$4.5

3 Son's Benedict (GFO) \$15

Poached free range eggs | English muffin | double smoked
bacon | wilted spinach | tarragon hollandaise.

3 Son's VegOut \$16.75

Roast Tomato | mushrooms | wilted spinach | hash brown.
smashed avocado | Our fritter | relish
add egg \$2

Honeycomb French Toast \$16.5

Brioche | Caramel Mascarpone | homemade honeycomb |
mixed berry compote | Persian fairy floss

Smashed Avo \$16

Multigrain sourdough | beetroot hummus | watermelon radish
| dukkha | fetta crumble | poached egg.

Sweet Potato, Pumpkin & Parmesan Fritters (V) | \$16.9

Peperonata | Cumin Labneh | crispy kale | poached eggs.

Southern Fried Chicken Burger (GFO) \$19

Our slaw | American cheese | coriander | spicy mayo | soft
bun | chips

Angus Beef Burger \$19.9

180gm Beef patty | double smoked bacon | tomato | lettuce |
American cheese | herb mayo | chips
add fried Egg +\$2

Lemon Pepper Calamari \$18.9

Tender calamari | lemon pepper spices | our slaw | aioli | chips
lemon

Barramundi \$23

Oven baked | rocket, pear, parmesan & pinenut salad | chips |
lemon butter | lemon

Summer Chicken Salad \$19.5

Marinated chicken strips | Greens & Grain Salad | grapefruit
vinaigrette

Superfood Salad (v) \$15.5

Quinoa | Freekah | pumpkin | green beans | spinach | cherry
tomato | almond | Poached egg.
add chicken strip +\$4

Sides

Steak Cut Chips Sml \$3.5 Lge \$8

tomato Sauce or Herb Mayo

Spiced Potato Wedges \$10

Sour Cream | Sweet Chilli Sauce

Greens and Grains salad \$9

Fresh Greens | quinoa | roasted pumpkin | cherry tomato |
Freekah | almonds & chia seeds | Grapefruit vinaigrette

Rocket, Pear Parmesan & Pinenut Salad

confit garlic mustard dressing

Kids Menu

(12 years under)

Poached Egg on Toast with bacon \$7

toast w/ vegemite or jam \$5

Chicken nuggets & chips \$10

Burger, cheese, tomato sauce, chips \$12

CHECKOUT OUR PRE PREPARED READY TO HEAT MEALS

**REMEMBER WE OFFER CATERING | FUNCTIONS | GROUP
BOOKINGS | 21ST BIRTHDAYS | ENGAGEMENTS**

3 SONS

CAFÉ • COFFEE • KITCHEN

COFFEE

Short Black **\$3.00**

Latte | Cappuccino | Flat White | Long Macchiato | Long black
\$3.80

| Piccolo | Short Macchiato **\$3.50**

Mug **\$4.50**

| Soy +\$0.60 Decaf +\$.60 Mocha +\$0.50 | Extra Shot +\$0.50 |
Syrups +\$0.50

Almond Milk +\$0.60 | Lactose Free Milk +\$0.60

Baby Cino **\$2.00**

Chai Latte | REG \$4.50 | LRG \$5.50 |

Wet Chai | REG \$5.00 | LRG \$6.00

Dirty Chai \$4.00 | Matcha Green Tea \$4.50

Hot Chocolate | REG \$4.95 | LRG \$5.50 | KIDS \$3.80

TEALEAVES OF SASSAFRAS \$4.20

English Breakfast, Chamomile, Earl Grey Lemongrass & Ginger,
Green Tea China Sencha, Peppermint

FRESHLY SQUEEZED JUICES \$7.00

Orange | Apple | Watermelon | Celery | Carrot

BLENDED FRESH JUICES \$8.00

Detox

Carrot | Celery | Orange | Mint

Immunity Blend

Watermelon | Strawberry | Orange

3 Son's Booster

Apple | Carrot | Celery | Ginger | Orange

Watermelon Boost

Watermelon | Ginger | Mint | Lemon

ICED DRINKS \$5.95

Iced Latte | Iced Coffee | Iced Chocolate | Iced Chai

Iced Mocha **\$6.00**

SPECIALTY DRINKS

Iced Snickers \$8.00

Chocolate sauce | Caramel sauce | Ice cream | Peanut butter

Iced Cookies & Cream \$8.00

Chocolate sauce | Ice cream | Oreo biscuit

Berry Delight \$8.00

Mixed Berries | Ice Cream | Honey

SMOOTHIES \$8.50

Tropical Magic

Mango | Passionfruit | Strawberries | Yogurt | Orange

Citrus Berry Smoothie

Berries | Yogurt | Milk | Honey | Lemon

Looking for Summer

Banana | Strawberry | Orange | Yogurt | Milk

MILKSHAKES \$6.00

Real Melted Cadbury Chocolate | Caramel | Vanilla Strawberry

| **Thickshakes +\$1.50**

SOFTDRINKS

Coke | Diet Coke | Sprite | Lift **\$4.00**

Lemon Lime & Bitters **\$5.50**

Sparkling Mineral Water **\$4.00**

Bottled Juices **\$4.50**

Orange | Apple | Cranberry | Pineapple | Tropical

MOCKTAILS \$8.50

Virgin Mango Daiquiri

Mango | Tropical Juice | Ice | Garnish W/Mint

Mojito

Lime Juice | Soda | Mint | Sugar Syrup

Tropical Delight

Pineapple Juice | Orange Juice | Passionfruit | Lemonade |
Grenadine

WINES

Corkage for BYO (per bottle) \$6

Sparkling

Hidden Ridge Prosecco King Valley VIC \$8/\$32

Cape Vine Sparkling Bellarine Peninsula \$8/\$32

White

Hidden Ridge Pinot Grigio King Valley \$8/\$32

Cape Vine Chardonnay WA \$8/\$32

9 Degrees Sauvignon Blanc Marlborough \$8/\$32

Red

Hidden Ridge Shiraz McLaren Vale \$9/\$38

Cape Vine Merlot Margaret River \$8/\$32

John Luke Pinot Noir M'ton Peninsula \$9/\$38

BEERS

Cascade Premium Light, Carlton Draught, VB, Furphy \$8

Asahi, Corona, Peroni \$9

SPIRITS

Local **\$9** Imported **\$10**