

# 3 SONS

CAFÉ • COFFEE • KITCHEN

## HOME DELIVERY MENU

Free Delivery Ingredient and preparation instructions included.

**Fresh or Frozen Meals** 2/3 people or / 1 person)

**FRESH** Items Need 1 Day Notice , **FROZEN** available without notice.

### FRESH NOW or Frozen

	2/3 people	1 person		2/3 people	1 person
<b>Chicken Scallopini (GF)</b>	\$20	\$12		\$19	\$11
Tasty chicken slices with mushroom, bacon in our special sauce.					
<b>Penne Carbonara</b>	\$18	\$10		\$20	\$12
Penne pasta tossed in a delicious parmesan sauce with eggs, mushroom & bacon					
<b>Penne Bolognese</b>	\$18	\$10		\$20	\$12
Penne pasta tossed with a rich meat sauce					
<b>Vegetarian Penne. (V, GF)</b>	\$19	\$11		\$20	\$12
Penne tossed with seasonal vegetable in Napoli,					
<b>Vegetarian Paella. (V, GF)</b>	\$19	\$11		\$22	\$13
Arborio rice combined with Seasonal vegetables, saffron & Napoli					
<b>Sweet Potato &amp; Coconut Curry. (V GF)</b>	\$19	\$11		\$12	\$8
Blend of sweet & spicy filled with sweet potato, onion & carrot in a coconut curry.					
<b>Butter Chicken (GF)</b>	\$18	\$10		\$12	\$8
Classic Indian dish of chicken in a mildly spiced tomato sauce.					
<b>Beef Lasagna (GF)</b>				\$19	\$11
Traditional classic Italian recipe of rich meat bolognese, cheesy sauce and pasta.					
<b>Satay Chicken (GF)</b>				\$20	\$12
Chicken tenderloins in a creamy peanut satay sauce					
<b>Chicken Tikka Masala (GF)</b>				\$20	\$12
Chicken pieces in a rich creamy spiced curry sauce of ginger, garam masala, turmeric & cumin.					
<b>Beef Stroganoff (GF)</b>				\$20	\$12
Hearty beef dish with mushroom, onion, stroganoff spices with sweet paprika.					
<b>Beef Cheeks (GF)</b>				\$22	\$13
Slow braised beef cheeks in a red wine jus, with seasonal root vegetables. Just add mash to be in Heaven!!					
<b>Basmati Rice</b>			\$8		
<b>Creamy Potato Mash</b>			\$8		
<b>Soup – Pumpkin &amp; Sweet Potato</b>				\$12	\$8
<b>Potato Bacon &amp; Leek</b>				\$12	\$8

### FROZEN or FRESH WITH 1 DAY NOTICE

	2/3 people	1 person
<b>Meatballs in Napoli Sauce (GF)</b>	\$20	\$12
Delicious pork & beef meatballs in a tasty Napoli sauce		
<b>Curried Sausages (GF)</b>	\$18	\$10
Traditional favourite sausages with sweetness and a curry kick served with mash.		
<b>Vegetarian Lasagna (V)</b>	\$18	\$10
Seasonal vegetables layered with cheesy béchamel and Napoli sauce.		
<b>Beef Madras (GF)</b>	\$19	\$11
Authentic Indian curry with Garam masala, coriander, and black peppercorns.		
<b>Thai Green Chicken Curry (GF)</b>	\$19	\$11
Chicken in a green curry paste cooked in coconut milk		
<b>Beef Rogan Josh (GF)</b>	\$20	\$12
Fragrant and tender slow		